**He She Ze and We** is a 501c3 non-profit organization dedicated to serving families with transgender loved ones. We offer the opportunity to gather information and resources, meet, and listen to others’ stories in a truly supportive, safe, confidential, non-judgemental space... *together.*

**He She Ze and We** offers weekly support meetings for parents, caregivers and adult family members of transgender and gender expansive individuals of **ALL** ages.

- Educating and informing people about gender identity
- Supporting families by meeting them where they are
- Inspiring others by sharing personal stories
- Building connections through relationships
- Providing resources
- Nurturing growth on their journey of understanding gender identity
- Advocating for the well-being of all trans individuals

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