



Residential Treatment Centers in Virginia

This is not an extensive list but meant as a guiding document for parents/caregivers who are seeking information. It will be updated periodically to include additional residential centers that we are made aware of in the state of Virginia. NAMI Virginia and Virginia Family Network do not endorse any facilities.

Barry Robinson Center

<https://www.barryrobinson.org>

443 Kempsville Road
Norfolk, VA 23502
1-800-221-1995

The Center offers a residential treatment program for boys and girls, ages 6-17, with mental health issues, including a dual diagnosis program for teens with substance use issues. The Center also offers community based services including an outpatient substance use program for teens and a treatment foster care program.

Bridges Treatment Center

https://www.centrahealth.com/facilities/bridges-treatment-center?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link

693 Leesville Road
Lynchburg, VA 24502
Phone: 434.200.5700
Fax: 434.947.5708

Bridges Treatment Center provides psychiatric residential and educational services for boys and girls ages 6-17 with IQs of 52 and above with a wide range of emotional and behavioral issues including:

- Mood disorders
- Post-traumatic stress disorder
- Anxiety disorders
- Personality disorders
- Co-occurring disorders
- Attachment issues
- Trauma issues

- Learning disabilities
- Intellectual disabilities

Center for Discovery

<https://centerfordiscovery.com/locations/fairfax/>

10416 Burke Lake Rd
Fairfax Station, VA 22039
(800) 760-3934

Center for Discovery Fairfax is a residential eating disorder treatment center that has provided residential and partial hospitalization treatment to young males and females 10-18 years of age since 2013. Center for Discovery Fairfax serves Northern Virginia, Washington D.C. and Southern Maryland, including Baltimore.

Child and Family Healing Center (UMFS)

https://www.umfs.org/services/residential-treatment/cfhc/?utm_source=local&utm_medium=organic&utm_campaign=gmb

3900 W Broad St
Richmond, VA 23230
804.353.4461

Child & Family Healing Center in Richmond provides 24-hour intensive residential treatment in a staff-secure, unlocked 33 acre campus environment. Our high staffing ratio ensures consistent supervision. We empower kids by addressing clinical needs and building social competency.

serve:

- Males, females, and gender diverse children who are 11 to 17 years old *at admission*
- Children without significant and/or recent running away incidents and fire setting behaviors (evaluated on a case by case basis)
- Minimum IQ of 65 with at least 4 to 6 grade academic achievement (call to discuss)
- Children who identify as LGBTQ
- Girls who are not pregnant

Our areas of expertise include:

- Trauma and attachment (including but not limited to Post-Traumatic Stress Disorder and Reactive Attachment Disorder)
- Problem sexual behaviors
- Autism and other neurological differences (e.g., mild traumatic brain injury)

Cumberland Hospital

<https://cumberlandhospital.com/>

9407 Cumberland Road
New Kent, Virginia 23124
804-966-2242

Program is designed for adolescents who have a chronic illness, brain injury or neurological impairment, providing them with a specialized medical atmosphere when hospitalization is not needed. The program can accommodate 16 residents and accepts young people with IQs of 55 or greater.

Hallmark Youthcare-Richmond

<https://www.hallmarkyouthcare.org/>

12800 W Creek Pkwy #5
Richmond, VA 23238
(804) 784-2200

Hallmark Youthcare's comprehensive Adolescent Residential Treatment Program offers a multidisciplinary approach to individualized care. This includes the following components as appropriate:

- Ages 11-17
- 24/7 psychiatrist and nursing coverage
- Individual, group and family therapies; Hallmark emphasizes family involvement and works with geographically distant families as needed.
- Psychoeducation groups: anger management, chemical dependency education, sanctuary tools, moral reasoning, social skills, and leisure awareness
- Therapeutic recreation activities and community outings
- Comprehensive educational services licensed by the Virginia Department of Education

Harbor Point Behavioral Health Center

<https://harborpointbhc.com/>

301 Fort Lane
Portsmouth, VA 23704
757-393-0061

Treats residents who have experienced significant trauma. Our staff is committed to service excellence, teamwork, compassion and ethical and fair treatment for all.

Inova Behavioral Health Services

<https://www.inova.org/our-services/inova-behavioral-health-services>

8110 Gatehouse Road
Falls Church, VA 22042
703-218-8500

Inova's overall mission, promoting total wellness – mind and body – by offering a full spectrum of mental health and substance use treatment services to the surrounding Northern Virginia and Washington, DC, metropolitan community for adults, children and adolescents.

Kempsville Center for Behavioral Health

<https://kempsvillecbh.com/programs-services/>

860 Kempsville Road,
Norfolk, VA 23502
757-461-4565

Our residential treatment program features age-specific units for adolescent boys and girls, ages 11 to 17, and is conducted in a therapeutic setting to help address a wide-range of mental health needs or substance use disorders.

Newport News Behavioral Health Center

<https://newportnewsbhc.com/>

17579 Warwick Blvd
Newport News, VA 23603
757-888-0400

This program serves adolescents who suffer from severe symptoms of a psychiatric disorder. Residents, age 11 to 18, are taught coping skills they can utilize upon their return to their home and community. The program takes place in a secure environment designed to allow residents to relax and wholly focus on addressing their issues.

North Spring Behavioral Healthcare

<https://northspringleesburg.com/>

42009 Victory Ln
Leesburg, VA 20176
(703) 777-0800

offers a comprehensive range of inpatient and outpatient treatment services for youth ages 7–17. Our 47-acre campus (which has historical ties to the Revolutionary War) is located in bucolic and beautiful Leesburg, Virginia, across from a vineyard and next to a horse farm. Our tranquil, secure setting promotes a positive, nurturing therapeutic environment for the children and adolescents we serve.

Poplar Spring Hospital

<https://poplarsprings.com>

350 Poplar Drive
Petersburg, VA 23805
804-733-6874

Acute Crisis Stabilization for boys and girls ages 11-17 in danger of harming themselves or others. Adolescents learn how to deal with their emotional and behavioral issues so they can quickly return home with better coping tools to deal with stress.

Prince William Psychiatric Center

<https://www.novanthhealthuva.org/services/behavioral-health.aspx>

8680 Hospital Way
Manassas, VA 20110
(703) 369-8464

providing high-quality inpatient and outpatient mental health and substance abuse treatments. Our experts help adults, seniors, adolescents and children with behavioral health issues live better lives in the communities you live and work in.

Riverside Behavioral Health Center

<https://www.riversideonline.com/rbhc/services/adolescent-residential-program.cfm>

2244 Executive Drive

Hampton, VA 23666

Call: 757-827-1001

adolescent residential treatment program provides long-term intensive treatment for those boys and girls ages 12 through 17 whose psychological and emotional difficulties have not been stabilized through outpatient or acute services.

Southstone Behavioral Health Hospital

<https://www.southstonebhc.com>

3046 Carlbrook Rd

South Boston, VA 24592

(434) 272-7050

offers comprehensive residential programming for adolescents ages 11-17. Our services are designed to help young people who have been experiencing functional impairments related to mental or behavioral health concerns, with a special focus on individuals who have attachment- or trauma-related needs

Three River Treatment Center

<https://3rtc.com/>

231 Hickory Road

Kenbridge, VA 23944

(434) 676-1378

Our residential placement programs are designed to help adolescents who are dealing with behavioral problems. We cater to adolescents who are experiencing or have experienced some or all of the following:

- Disregard for Family and School Rules
- Disruptive or Destructive Behavior
- Escalating Lack of Positive Involvement in Lesser Levels of Care
- Need for Stabilization and Assessment
- Risk of Removal From the Home
- Safety Issues
- School Suspension or Expulsions
- Unpredictable and Unmanageable Moods

Virginia Treatment Center for Children (VTCC)

<https://www.chrichmond.org/services/mental-health/mental-health>

1308 Sherwood Avenue
Richmond, VA 23220
(804) 828-3129

short-term acute care is to stabilize and transition children and adolescents back into their daily lives. Patients usually stay about 5-7 days in this program, with the hopes of rehabilitation and stabilization. Although it is not a long stay, we aim to give the families and children everything they need to prepare for everyday life— not just for the present, but the rest of their lives. We provide services including:

- Crisis stabilization (assessment and diagnosis by a multidisciplinary team)
- Educational services
- Individual, group, and family psychotherapy
- Medication assessment and management
- Medical management and psychiatric services
- Nutritional services including meeting special dietary needs by working with a registered dietician
- Occupational therapy, when clinically indicated
- Pet therapy
- Recreational therapy
- School services

Veritas Collaborative

<https://veritascollaborative.com/locations/richmond-va-child-adolescent-and-young-adult-center/>

6627 W Broad St Suite 400
Richmond, VA 23230
(804) 774-4550

providing individualized best-practice care tailored to the unique needs of children and adolescents, ages up to 17, in a gender-diverse and welcoming environment.

State Run Inpatient Psychiatric Treatment for Children

Currently, Virginia has one state run hospital dedicated to the psychiatric needs of children.

The Commonwealth Center for Children & Adolescents is an acute care, mental health facility for youth under the age of 18 years, operated by the Virginia Department of Behavioral Health and Developmental Services. Voluntary admissions are accepted for children without insurance

For more information, please visit their website:

<http://www.ccca.dbhds.virginia.gov/>

