Class Supply List

- Limit class size to 20 participants so everyone has time to share and participate fully.
- Sign-in sheet (see sample sign-in sheet on page 1.c).
- Participant binders with covers and spines (one per person unless family members from the same household are asked to share).
- Class 1-8 workbook pages, General Resources, Glossary and References.
  - Course materials are distributed one class at a time.
- Name tags and tent cards.
- Pens, extra 8 ½ x 11” paper or index cards for empathy activity in Class 7.
- Large easel, whiteboard or chalkboard.
- Easel paper and tape for relative role activity in Class 8.
- Thick markers for writing on the easel pad or dry erase markers for white boards.
- Boxes of tissues
- Resource table to display brochures, information about upcoming events, NAMI membership forms, books and other resources.
- Provide beverages and snacks for Class 1.
- Ask for volunteers to provide snacks for other classes (see sample volunteer sign-up sheet page 1.d).
- Copies of a state-specific Psychiatric Advance Directive to give to participants (find state-specific forms at nrc-pad.org) for Class 5.
- Blue cards for activities in Classes 6 and 7 (optional, you may also use the pages in the preparation sections of those classes for the activities).
- Plan food for Class 8 celebration:
  - Potluck dinner with everyone brining food to share (create a list of who is bringing what).
  - Catered meal provided by NAMI such (pizza, sandwiches, etc.).
- Leaders supply tableware (plates, cups, utensils, napkins and serving utensils) for Class 8 celebration.
- Predictable Emotional Responses chart (optional).
  - You may write the chart on a large flip chart page or have a large copy made using the template found on the NAMI Extranet.
- Confirm certificates are spelled correctly and sign them for Class 8 graduation.

If you are showing slides and videos:
- Laptop (with slides and videos uploaded)
- Projector with cables and extension cord (or flat screen TV and cable)
- Speakers (only Classes 2, 3 and 5 include videos and require audio)
- PowerPoint deck and videos used in the F2F classes (contact your NAMI State Organization or NAMI Affiliate to get these).
- Wi-Fi password for teaching site, if you are live streaming the videos