YOUTH MOVE VIRGINIA
Motivating Others through Voices of Experience

YOUTH MOVE NATIONAL’S MISSION IS WORKING TO GIVE YOUTH A VOICE IN THE SYSTEMS THAT IMPACT THEM.

YOUTH MOVE VIRGINIA FOCUSES ON STATEWIDE ADVOCACY, SYSTEMS CHANGE, AND MENTORSHIP.

YOUTH MOVE LOCAL CHAPTERS FOCUS ON PEER SUPPORT THROUGH SOCIAL ACTIVITIES AND GROUPS.

WAYS TO GET INVOLVED WITH YOUTH MOVE
Local Youth MOVE chapters are located in these areas below:
- Central Virginia
  - Richmond
- Northern Virginia
  - Fairfax
  - Tidewater
  - Virginia Beach
  - Gloucester

WHO SHOULD ATTEND YOUTH MOVE MEETINGS?
Youth and Young Adults 13-19 years old with personal systems experiences

WHICH SYSTEMS DOES YOUTH MOVE WORK TO ELEVATE YOUR VOICE IN?
- Mental health
- Foster care
- Special education
- Juvenile justice
- Substance use

OTHER WAYS TO GET INVOLVED
Youth and young adults can join Youth MOVE Virginia’s advisory board, take a leadership training, participate on various local committees/boards, and other activities!

To learn more about any of the mentioned activities or groups, contact Sophie Fontaine at sfontaine@namivirginia.org