

Children's Challenging Behaviors



What is the NAMI Virginia Children's Challenging Behaviors Education Workshop?

Children's Challenging Behaviors is a free, six hour workshop designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. Children's Challenging Behaviors helps parents and other family caregivers of children understand the typical behaviors versus challenging behaviors that require intervention. Parents learn when and how to seek help, develop parenting strategies, learn the ins and outs of special education and other educational supports, and discover community resources available to families and youth.



Parent Perspectives

The program was created by and is taught by trained parents or family caregivers of individuals who experienced emotional or behavioral difficulties with the goal of easing other parents' struggles and difficulties when coping with their child's mental health needs.

Contact us for more information about Children's Challenging Behaviors workshops!



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About NAMI Virginia

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI NAMI Virginia is the state office of NAMI and works with dedicated volunteer members and leaders to raise awareness and provide essential education, advocacy and support group programs for people of all ages in our community living with mental illness and their loved ones.

About the Virginia Family Network

Virginia Family Network is the statewide parent network ensuring that families who have children and youth with mental health needs have the support and resources that they need and that voices are heard, valued, and respected.