

MEMBERSHIP APPLICATION

Join NAMI Virginia

Yes, I want to join my voice with NAMI by becoming a member!

When you join now, you become a member of your local NAMI Affiliate (if there is one), your NAMI State Organization and the national NAMI organization.

Title: ___Mr. ___Mrs. ___Ms. ___Dr.

Primary Member First Name:

Primary Member Last Name:

Address:

City, State, Zip:

Phone:

Email:

Membership Dues

___ \$5 Open Door (for low income)

___ \$40 Individual

___ \$60 Household (for individuals at same address)

Names of individuals covered under Household

membership: _____

Payment Information: ___Check ___Cash ___Card

Name on Card: _____

Account Number: _____

Expiration Date: _____ Validation Code: _____

Signature:

Send this form and your payment to the address located on the front of this brochure.

Place
Stamp
Here

NAMI Virginia
PO Box 8260
Richmond, VA 23226



National Alliance on Mental Illness

Virginia

Lynchburg Affiliate Initiative



434-515-1116
namilynchburg@gmail.com

PO Box 833
Amherst, VA 24521

What We Do

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI, NAMI Virginia and our local affiliates and volunteers work to inspire a move away from illness, stigma and ignorance toward brighter days filled with hope, health and recovery.

We believe everyone should have the opportunity for recovery and no one should feel alone.

We listen. We offer local support groups in Lynchburg, one for individuals with a mental health condition and one for their family members.

We educate. We offer information, and referrals. Reach out to one of our local volunteers or call our state Helpline at 1-888-486-8264.

We advocate. NAMI Virginia works to shape the state public policy landscape for people with mental illness and their loved ones. Consider joining our action alert mailing list at <https://bit.ly/2IV9YSU>

We lead. Awareness events and activities, including Mental Health Month, Mental Illness Awareness Week and NAMIWalks successfully fight stigma and encourage understanding. Reach out to NAMI Virginia or local volunteers to learn more.

NAMIWalks Virginia will occur Oct 5, 2019 in Richmond. Please consider getting involved
www.namiwalks.org/virginia

NAMI Signature Programs We Offer

Support Groups

NAMI Connection – a 90 min support group for individuals over 18 with a mental health condition seeking support from peers. Anonymous and confidential, the group is facilitated by trained peer leader volunteers. Contact Charlie - 434-841-3048

NAMI Family Support Group – a 90 min support group for family, friends and loved ones of persons with a mental health condition seeking support from peers. Anonymous and confidential, the group is facilitated by a trained peer leader volunteer. Contact Charlie - 434-841-3048

For more information about programs, go to www.nami.org/Find-Support/NAMI-Programs

“Before coming to the support group, I had never spoken about mental illness to neighbors, friends or relatives. It really helped to connect with others”



May we count on you to join us?

Your membership dues and generous donations help us keep programming free, HelpLine phones answered and support groups meeting.

NAMI membership benefits include:

- NAMI's *Advocate* magazine, mailed twice per year
- Discounted rate at the National Convention
- Membership and voting privileges at all three levels of NAMI

You can also join online by going to

www.nami.org/Get-Involved/Join