

NAMI Virginia 2011 Board of Directors Nominations:
Proposed Slate of Nominees

The following 3 candidates are proposed for re-election to the Board of Directors. The length of the term is listed following their name.

1. **Sandra Mottesheard (Gloucester) (3-year term)**

Ms. Mottesheard is president of NAMI Mid-Tidewater, a board member for Insight Enterprises, Center for Independent Living; past chair for the Gloucester Special Education Advisory Committee; board member for VA Rehabilitation Counselors and Educators Association, one of the founders of the Coalition for the Annual MP/NN Disability Awareness Day; and gives talks to middle and high school students with representatives from the Brain Injury Association on the "hidden disabilities" of mental illness. Ms. Mottesheard is a trained NAMI *Family-to-Family* teacher. She is a Certified Rehabilitation Counselor and Master of Science Degree in Rehabilitation Counseling from Virginia Commonwealth University. Ms. Mottesheard was elected to a 2-year term in 2008 and a 1-year term in 2010.

2. **Tom Spurlock (Roanoke) (3-year term)**

Mr. Spurlock graduated from Louisiana Tech with a BS in Mechanical Engineering and a BS in Business Administration. He has worked in the field of manufacturing with companies such as GE, Textron and Crown Floors. His son has been in and out of the hospital 15 times in the last 12 years and this was the linchpin that got Mr. Spurlock deeply involved with the state of affairs regarding mental health in Virginia. He and his wife are active members of NAMI Roanoke Valley and both are involved in MESA Family Education Program. Mr. Spurlock is well known throughout the Blue Ridge area for his mental health advocacy.

3. **Bob Williams (Hampton) (3-year term)**

Mr. Williams is currently the president of NAMI Hampton/Newport News. He served as vice president for NAMI Hampton/Newport News for eight years. Mr. Williams is past president of Kiln Creek Kiwanis Club where he was the recipient of the Distinguished President's Award. He is a certified NAMI *Family to Family* Facilitator. For the past 30 years, Mr. Williams has worked for the NASA Langley Research Center in Hampton, Virginia.

The following 4 candidates are being proposed as new members of the Board of Directors. The length of the term is listed following their name.

1. **Linda Gurley (Hampton) (3-year term)**

Linda has been an advocate for mental health services since the 1970s. She has a background in the public and private mental health sectors, including Eastern State Hospital, Hampton Newport News Community Services Board, Riverside Community Mental Health, and Tidewater Psychiatric Institute. She served as a volunteer on the Local Human Rights Committee in Hampton/Newport News. Linda is the former 1st Vice President of NAMI Hampton Newport News and currently serves as the Program Coordinator for the Sharing Hope Initiative working with faith-based communities. She presently serves as the president of NAMI Hampton Newport News.

2. **Kim Hartzler (Chester) (3-year term)**

Ms. Hartzler is a trained NAMI Connections facilitator and also involved with In Our Own Voice and Peer-to-Peer. She currently serves as president of the board of directors for Friends 4 Recovery Whole Health Center, a nonprofit organization operated by and for people who have experienced mental health issues. In addition, Ms. Hartzler works as the Program Director for Recovery Resources and Support planning workshops, facilitating WRAP, and assisting with numerous duties.

3. **George Neal (Hayes) (3-year term)**

Mr. Neal is a 25-year member of NAMI and has served three terms on the NAMI Virginia board. He is a past president of NAMI Virginia. Mr. Neal has extensive knowledge of the mental health system and is a passionate and caring advocate for people impacted by mental illness.

4. **Craig Wittman (Chesapeake) (3-year term)**

Mr. Wittman is an Assistant US Attorney in the United States Attorney's Office. He has vast legal experience and is enthusiastic about sharing his knowledge and compassion with the NAMI Virginia family.