



UPDATE

February 15, 2011

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

NIMH: BRAIN ACTIVITY PATTERNS IN ANXIETY-PRONE PEOPLE SUGGEST DEFICITS IN HANDLING FEAR

Anxiety as a personality trait appears to be linked to the functioning of two key brain regions involved in fear and its suppression, according to a study funded by the National Institute of Mental Health (NIMH). Differences in how these two regions function and interact may help explain the wide range of symptoms seen in people who have anxiety disorders. The study was published February 10, 2011 in the journal, *Neuron*.

Science News: <http://www.nimh.nih.gov/science-news/2011/brain-activity-patterns-in-anxiety-prone-people-suggest-deficits-in-handling-fear.shtml>

STUDY FINDS SHARP MONTHLY FLUCTUATIONS IN LEVELS OF ADOLESCENT MALE VISITS TO EMERGENCY DEPARTMENT FOR DRUG RELATED SUICIDE ATTEMPTS: SIMILAR PATTERN SEEN FOR MEN AGED 50 AND OLDER

A new study examining monthly and seasonal trends in the number of emergency department visits involving drug related suicide attempts reveals considerable fluctuations among adolescent males. The rate for the general population varies little. The study, conducted by Substance Abuse and Mental Health Services Administration (SAMHSA), showed that only 2.5 percent of drug related suicide attempt emergency room visits by males aged 12-17 occur in February – as opposed to 18.9 percent reported in December.

Full report: <http://oas.samhsa.gov/2k11/DAWN019/SuicideBySeason.cfm>

Press Release: <http://www.samhsa.gov/newsroom/advisories/1102085058.aspx>

SPENDING ON BEHAVIORAL HEALTH IS A SHRINKING PORTION OF OVERALL HEALTH EXPENDITURES: SPENDING ON PSYCHIATRIC DRUGS CONTINUES TO INCREASE, BUT AT A SLOWER RATE

Spending on psychiatric drugs grew by 5.6 percent from 2004 to 2005, down from the 27.3 percent growth from 1999 to 2000 according to a study published in the February issue of *Health Affairs*. The study, conducted by SAMHSA, analyzed healthcare costs from 1986 to 2005 to determine patterns in expenditures for behavioral health services.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1102024442.aspx>

NEW AND ENHANCED VA BENEFITS PROVIDED TO CAREGIVERS OF VETERANS

The Department of Veterans Affairs (VA) is launching the first of a series of new and enhanced services supporting family caregivers of seriously ill and injured Veterans. One of these new services is a toll-free line, the National Caregiver Support Line - 1-855-260-3274. This toll-free number connects to a referral center that assists caregivers, Veterans and others seeking caregiver information.

<http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2048>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ON THE NIMH WEBSITE

DIRECTOR'S BLOG: HOW DOES MEMORY WORK? THE PLOT THICKENS

In his latest blog, NIMH Director Dr. Tom Insel wrote "NIMH-funded researchers recently reported that a little-known growth factor boosted the strength and staying power of a fear memory. It's the latest in a flurry of discoveries that are revising the script for what could be thought of as a play in 5 acts: "How Memory Works." Act 1 would be perception and encoding – when the information first comes in – and Act 5 would be the retrieval and expression of the stored information. There is much ferment about Acts 2, 3 and 4. What's happening as that initial trace gets processed in the brain? Where does it get stored? How does it get stored? What sustains it? Do different kinds of memory have different molecular and cellular mechanisms?"

<http://www.nimh.nih.gov/about/director/2011/how-does-memory-work-the-plot-thickens.shtml>

LATEST ISSUE OF INSIDE NIMH

The Winter 2011 issue of *Inside NIMH* discusses organizational changes at the NIMH and NIH, innovative new resources, and initiatives the Institute is considering for the future.

<http://www.nimh.nih.gov/research-funding/newsletter/2011-winter-inside-nimh.shtml>

MEETING SUMMARY: INTEGRATING NEUROSCIENCE, DEVELOPMENTAL PSYCHOPATHOLOGY, AND PREVENTIVE INTERVENTIONS

In conjunction with the 18th annual conference of the Society for Prevention Research, NIMH held a pre-conference workshop to identify strategies to advance prevention science research for mental disorders through the integration of basic science, neurodevelopment research, and intervention expertise. This goal was guided, in part, by recommendations from the 2009 Institute of Medicine report, *Preventing Mental, Emotional, and Behavioral Disorders Among Young People*. Invitees included basic neuroscientists, experts in developmental psychopathology, and psychosocial interventionists.

<http://www.nimh.nih.gov/research-funding/scientific-meetings/2011/integrating-neuroscience-developmental-psychopathology-and-preventive-interventions/index.shtml>

VIDEO: BORDERLINE PERSONALITY DISORDER EXPERT DR. MARSHA LINEHAN

Dr. Marsha Linehan was featured in a series of lectures on Borderline Personality Disorder (BPD) hosted by the NIMH in Bethesda, Maryland. Dr. Linehan is a Professor of Psychology and Director of Behavioral and Therapy Clinics at the University of Washington in Seattle and is credited with developing Cognitive-Behavioral Treatment for Borderline Personality Disorder.

<http://www.nimh.nih.gov/media/video/linehan.shtml>

VIDEO: THE OUTLOOK FOR BORDERLINE PERSONALITY DISORDER

NIMH hosted an event that focused on BPD. Featured speakers included BPD researcher Dr. Marsha Linehan as well as Amanda Wang, founder of RethinkBPD. <http://www.nimh.nih.gov/media/video/bpd1.shtml>

NEW RESOURCES FROM SAMHSA

MENTAL HEALTH, UNITED STATES, 2008

This new, redesigned edition of *Mental Health, United States*, provides information on the mental health status of the U.S. population, the providers and settings for mental health services, the types of mental health services and rates of utilization, and expenditures and sources of funding for mental health services.

<http://store.samhsa.gov/product/SMA10-4590>

MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES IN MEDICAID, 2003

This new report provides data on 2003 Medicaid beneficiaries who use mental health or substance abuse services. It provides an overview of beneficiaries and compares them with all Medicaid beneficiaries by demographic characteristics, use of health services, and Medicaid expenditures.

<http://store.samhsa.gov/product/SMA10-4608>

TREATING CLIENTS WITH TRAUMATIC BRAIN INJURY

This report provides guidance on working with clients who have a substance abuse disorder and who are also affected by a traumatic brain injury. It includes screening questions to assess severity of injury and tips to promote successful recovery from both conditions. <http://store.samhsa.gov/product/SMA10-4591>

ACCEPTANCE OF PRIVATE HEALTH INSURANCE IN SUBSTANCE ABUSE TREATMENT FACILITIES

This report examines data on the extent to which treatment facilities are ready to accept private health insurance for substance abuse treatment services. It reports on facility focus and type, treatment approaches, client type, location, and interpretation services offered.

<http://store.samhsa.gov/product/NSSATS11-0106>

LATEST ISSUE OF DIALOGUE: DISASTER RESPONSE

SAMHSA's *Dialogue* is a quarterly e-communication that provides practical information for state behavioral health coordinators, local services providers, Federal agencies, and nongovernmental organizations regarding disaster recovery and response. The most recent issue includes articles about understanding anger in disasters, a case study on the use of text messaging, the impact of personal bias on providers, and meeting the needs of National Guard and Reserve Families.

<http://www.samhsa.gov/dtac/resources.asp#dialogue>

AHRQ'S HEALTH CARE INNOVATIONS EXCHANGE FOCUSES ON MENTAL ILLNESS AND CARE COORDINATION

The February 2nd issue of the Agency for Healthcare Research and Quality's *Health Care Innovations Exchange* focused on care coordination for people with mental illness. The featured "Innovations" describe three programs that used care coordinators to assess, monitor, and connect individuals with mental illness to needed services. The featured "QualityTools" help providers improve communication and care coordination for individuals with mental illness. <http://www.innovations.ahrq.gov/issue.aspx>

DOD MILD TBI CASE STUDY AVAILABLE: USE, ADMINISTRATION, AND INTERPRETATION OF THE MILITARY ACUTE CONCUSSION EVALUATION

Health care professionals who complete this new mild traumatic brain injury (TBI) Web-based case study can earn one free continuing education unit. The newest case study, *Military Acute Concussion Evaluation*, is available to both Department of Defense (DoD) healthcare professionals and civilian providers. These case studies, developed by the DoD and VA, provide an opportunity for providers to gain additional understanding about assessment and treatment of mild TBI in a self-paced environment.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=196>

CALENDAR OF EVENTS

SAMHSA PARTNERS FOR RECOVERY INITIATIVE WEBINAR: PARITY 101

FEBRUARY 17, 2011, 1:00-2:00 PM ET

The SAMHSA Partners for Recovery Initiative is sponsoring this free webinar on the new Federal parity law. This presentation will provide an overview of the Federal Wellstone/Domenici Mental Health Parity and Addiction Equity Act and the recently released Interim Final Rule.

<https://www3.gotomeeting.com/register/117512302>

WEBINAR: MOTIVATIONAL INTERVIEWING FOR BETTER HEALTH OUTCOMES

FEBRUARY 22, 2010, 1:00-2:30 PM ET

This SAMHSA-HRSA (Health Resources and Services Administration) Center for Integrated Health Solutions webinar provides behavioral health specialists, psychologists, clinical social workers, alcohol and drug treatment counselors, physicians, and nurse practitioners with an overview of how to implement Motivational Interviewing in clinical settings and reviews the benefits to clients. The webinar covers the four principles of Motivational Interviewing — expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy. <https://www2.gotomeeting.com/register/653585642>

WEBINAR: ENGAGING AND INVOLVING YOUTH IN WRAPAROUND

FEBRUARY 22, 2011, 2:00-3:30PM ET

This SAMHSA National Wraparound Initiative webinar will focus on concrete strategies that can be used to increase the extent to which young people participate meaningfully on their own wraparound teams. The webinar also will focus on providing coaching/training to people who carry out these strategies, and evaluating the quality and impact of these efforts to increase youth participation.

Register at <https://www1.gotomeeting.com/register/812294817>

SAMHSA ADS CENTER TRAINING TELECONFERENCE: HOUSING, HOMELESSNESS, AND SOCIAL INCLUSION: ESSENTIAL ELEMENTS OF HEALTHY COMMUNITIES

FEBRUARY 23, 2011, 3:00–4:30 PM ET

This SAMHSA ADS Center teleconference will educate participants about current trends and practices in the field, recent precedent-setting court rulings to address violations of the Americans with Disabilities Act and Olmstead, and the central role of social connectedness, social capital, and social inclusion as the foundation for developing programs that support people who have been homeless. Participants will also hear how one person moved from being homeless to being a homeowner and the lessons that can be learned from his recovery journey. Registration will close at 5:00 PM ET on February 20, 2011.

<http://promoteacceptance.samhsa.gov/teleconferences/default.aspx>

SAMHSA PARTNERS FOR RECOVERY INITIATIVE WEBINAR: PARITY 201

MARCH 10, 2011, 1:00–2:00 PM ET

The SAMHSA Partners for Recovery Initiative is sponsoring this free webinar on the new Federal parity law. This webinar, designed for States and providers, includes a detailed discussion about implementation of the new parity law. This discussion will include details on State-level implementation efforts, interplay between the Federal parity law and State parity laws, and anticipated additional pieces of regulatory guidance.

<https://www3.gotomeeting.com/register/676182222>

2011 DOD/VA ANNUAL SUICIDE PREVENTION CONFERENCE: ALL THE WAY HOME: PREVENTING SUICIDE AMONG SERVICE MEMBERS AND VETERANS

MARCH 14-17, 2011, BOSTON, MA

The 2011 DOD and VA Annual Suicide Prevention Conference is planned for March 2011 in Boston, Massachusetts. The conference will include an engaging and informative series of panels and break-out groups led by various speakers involved in suicide prevention and intervention. This is an opportunity to enhance, share and build upon best practices, community-based tools, and support systems across the armed forces and VA. <http://www.dcoe.health.mil/Events/UpcomingConferences.aspx>

SAMHSA'S NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

MAY 3, 2011

Join communities, organizations, and individuals nationwide in raising awareness that positive mental health is essential to a child's healthy development. This year, the national event in Washington, DC, on the evening of May 3, will focus on building resilience in young children dealing with trauma.

http://www.samhsa.gov/children/save_date_2011.aspx

CALLS FOR PUBLIC INPUT

SAMHSA NATIONAL GAINS CENTER SEEKS COMMUNITIES TO PARTICIPATE IN TRAUMA-INFORMED TRAININGS

The SAMHSA National GAINS Center is soliciting applications from communities interested in receiving the training, *How Being Trauma-Informed Improves Criminal Justice System Responses to Women and Men with Mental Illness*. The target audiences for this training are community-based criminal justice system professionals, including police, community corrections, and court personnel. The SAMHSA National GAINS Center will offer this training free of charge to three selected communities between April and September 2011. Since the purpose of this training initiative is to pilot test and evaluate the impact of the training on the communities in which it is delivered, there are no fees for registration, tuition, or materials associated with these trainings. Applications are due February 28, 2011.

http://www.prainc.com/docs/GAINS_Trauma_Solicitation.docx

COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORTS

The Agency for Healthcare Research and Quality's (AHRQ) Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus the research and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

KEY QUESTIONS: COMPARATIVE EFFECTIVENESS OF POSTACUTE REHABILITATION FOR MODERATE TO SEVERE TRAUMATIC BRAIN INJURY (DEADLINE FOR COMMENTS IS MARCH 7, 2011)

<http://www.effectivehealthcare.ahrq.gov/ehc/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displaytopic&topicid=283>

ASK SAMHSA: QUESTIONS ABOUT SUBSTANCE ABUSE PREVENTION

Substance abuse prevention is the topic of this month's *Ask SAMHSA*. Frances Harding, Director of the Center for Substance Abuse Prevention, will respond to selected questions by video on the SAMHSA blog on March 4th. Questions about substance abuse prevention will be accepted through March 1st via Facebook, Twitter, and the comment section of this blog post. Use the hashtag #BHQ to submit comments through Twitter. <http://blog.samhsa.gov/2011/02/14/ask-samhsa-questions-about-substance-abuse-prevention/>

CALL FOR AMERICAN INDIAN AND ALASKA NATIVE ARTISTS

The Office of Minority Health Resource Center (OMHRC) is in the process of developing American Indian/Alaska Native youth-related digital educational materials. Along with its partners, Kat Communications and the Indian Health Service HIV Program, OMHRC is seeking American Indian and Alaska Native artists that can portray regional and cultural areas. OMHRC is accepting all styles and themes of American Indian/Alaska Native Art. Traditional, contemporary, alternative process, digital, mixed processes, and experimental works are welcome. All art must be original and appropriate for conversion to a digital format. Artists chosen to work on the project will be compensated. The deadline to submit work is February 18, 2011. <http://minorityhealth.hhs.gov/templates/content.aspx?lvl=2&lvlid=66&ID=8727>

FUNDING INFORMATION

BJA FY 11 SECOND CHANCE ACT ADULT MENTORING GRANTS TO NONPROFIT ORGANIZATIONS
<http://www.ojp.usdoj.gov/BJA/grant/11SecondChanceMentoringSol.pdf>

COMPREHENSIVE NATIONAL INSTITUTE ON MINORITY HEALTH AND HEALTH DISPARITIES CENTER OF EXCELLENCE (COE)
<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-11-003.html>

HRSA: MATERNAL CHILD HEALTH AUTISM INTERVENTION RESEARCH
<https://grants.hrsa.gov/webExternal/SFO.asp?ID=B06FE1F4-E947-4D9E-9B7F-95F880FAC35B>

HRSA: AUTISM INTERVENTION RESEARCH NETWORK ON BEHAVIORAL HEALTH
<https://grants.hrsa.gov/webExternal/SFO.asp?ID=B1533AB8-33B0-44FC-822C-69E72757BDDD>

HRSA: CHILD AND ADOLESCENT INJURY AND VIOLENCE PREVENTION RESOURCE CENTERS COOPERATIVE AGREEMENT
<https://grants.hrsa.gov/webExternal/SFO.asp?ID=7CBF4BD6-AE99-4D73-893A-E6EA4E687555>

HRSA: TELEHEALTH RESOURCE CENTER GRANT PROGRAM
<https://grants.hrsa.gov/webExternal/SFO.asp?ID=C814DB29-FEAD-4556-9699-5CF47FBE988D>

DEPARTMENT OF LABOR: REINTEGRATION OF EX-OFFENDERS – ADULT PROGRAM GRANTS

<http://www.doleta.gov/grants/pdf/SGA-DFA-PY-10-10-2011.pdf>

DEPARTMENT OF LABOR: COMMUNITY PROJECTS THAT HELP JUVENILE OFFENDERS

<http://www.doleta.gov/grants/pdf/SGA-DFA-PY-10-04.pdf>

LASKER CLINICAL RESEARCH SCHOLARS PROGRAM

<http://grants.nih.gov/grants/guide/rfa-files/RFA-OD-11-001.html>

BLUEPRINT FOR NEUROSCIENCE RESEARCH SCIENCE EDUCATION AWARD

<http://grants.nih.gov/grants/guide/rfa-files/RFA-DA-11-013.html>

CENTERS FOR AIDS RESEARCH AND DEVELOPMENTAL CENTERS FOR AIDS RESEARCH

<http://grants.nih.gov/grants/guide/pa-files/PA-11-108.html>

RUTH L. KIRSCHSTEIN NATIONAL RESEARCH SERVICE AWARDS FOR INDIVIDUAL PREDOCTORAL MD/PHD AND OTHER DUAL DOCTORAL DEGREE FELLOWS

<http://grants.nih.gov/grants/guide/pa-files/PA-11-110.html>

RUTH L. KIRSCHSTEIN NATIONAL RESEARCH SERVICE AWARDS FOR INDIVIDUAL PREDOCTORAL FELLOWS

<http://grants.nih.gov/grants/guide/pa-files/PA-11-111.html>

RUTH L. KIRSCHSTEIN NATIONAL RESEARCH SERVICE AWARDS FOR INDIVIDUAL PREDOCTORAL FELLOWSHIPS TO PROMOTE DIVERSITY IN HEALTH-RELATED RESEARCH

<http://grants.nih.gov/grants/guide/pa-files/PA-11-112.html>

RUTH L. KIRSCHSTEIN NATIONAL RESEARCH SERVICE AWARDS FOR INDIVIDUAL POSTDOCTORAL FELLOWS

<http://grants.nih.gov/grants/guide/pa-files/PA-11-113.html>

PHS 2011-02 OMNIBUS SOLICITATION OF THE NIH, CDC, FDA, AND ACF FOR SMALL BUSINESS INNOVATION RESEARCH GRANT APPLICATIONS (PARENT SBIR [R43/R44])

<http://grants.nih.gov/grants/guide/pa-files/PA-11-096.html>

PHS 2011-12 OMNIBUS SOLICITATION OF THE NIH FOR SMALL BUSINESS TECHNOLOGY TRANSFER GRANT APPLICATIONS (PARENT STTR [R41/R42])

<http://grants.nih.gov/grants/guide/pa-files/PA-11-097.html>



NIMH
National Institute
of Mental Health

The **Outreach Partnership Program** a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.