



UPDATE

May 15, 2011

- I. [Science and Service News Updates](#)
- II. [Resources: Publications, Toolkits, Other Resources](#)
- III. [Calendar of Events](#)
- IV. [Calls for Public Input](#)
- V. [Funding Information](#)

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

MANY SCHOOL-AGED CHILDREN WITH ASD IN SOUTH KOREA GO UNDIAGNOSED

The prevalence of autism spectrum disorder (ASD) among children in South Korea appears to be much higher than the range of estimates previously reported in other countries, according to a study partly funded by the National Institute of Mental Health (NIMH). This total population study points to possible higher rates of ASDs when screening the general population. The researchers found that two-thirds of ASD cases occurred in children attending mainstream schools. These children had not been previously diagnosed and had never received treatment for the disorder. The study was published online ahead of print on May 9, 2011 in the *American Journal of Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2011/many-school-aged-children-with-asd-in-south-korea-go-undiagnosed.shtml>

COMBINATION ANTIDEPRESSANT THERAPY MAY NOT IMPROVE ODDS OF REMISSION AMONG CHRONICALLY DEPRESSED

A combination of two antidepressants may not be any more effective in treating chronic major depression than a single antidepressant, according to an NIMH-funded study published online ahead of print May 2, 2011 in the *American Journal of Psychiatry*.

Press Release: <http://www.nimh.nih.gov/science-news/2011/combination-antidepressant-therapy-may-not-improve-odds-of-remission-among-chronically-depressed.shtml>

VA TO TAKE APPLICATIONS FOR NEW FAMILY CAREGIVER PROGRAM: VA IMPLEMENTING ENHANCEMENTS TO EXISTING SERVICES FOR VETERANS AND THEIR CAREGIVERS

The Department of Veterans Affairs (VA) published the interim final rule for implementing the Family Caregiver Program of the Caregivers and Veterans Omnibus Health Services Act 2010. This new rule will provide additional support to eligible post-9/11 veterans who elect to receive their care in a home setting from a primary family caregiver. On May 9, staff in VA's Office of Care Management and Social Work opened the application process for eligible post-9/11 veterans and service members to designate their family caregivers.

Press Release: <http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2088>

NIH, MUSICARES®, GRAMMY FOUNDATION® ANNOUNCE 2011 TEEN CONTEST: ORIGINAL MUSIC AND MUSIC VIDEO COMPETITION PART OF NATIONAL DRUG FACTS WEEK

The second annual MusiCares® and GRAMMY Foundation® *Teen Substance Abuse Awareness through Music Contest* was launched. Announced by the National Institute on Drug Abuse (NIDA) along with MusiCares and the GRAMMY Foundation, the two nonprofit organizations of The Recording Academy®, the contest asks young musicians, ages 14 to 18 years, to compose or create an original song and/or music video that explores, encourages, and celebrates a healthy lifestyle, or accurately depicts a story about drug abuse. Winners will be revealed during NIDA's second annual National Drug Facts Week, which begins October 31, 2011.

Press Release: <http://www.drugabuse.gov/newsroom/11/NR5-09.html>

NEW SAMHSA STUDY FINDS TRAUMA-INFORMED CARE IMPROVES BEHAVIORAL AND EMOTIONAL HEALTH OF CHILDREN: TRAUMA-INFORMED SERVICES AND SUPPORTS CAN LEAD TO IMPROVED SCHOOL ATTENDANCE, FEWER ARRESTS, AND REDUCED SUICIDE ATTEMPTS

According to data released by the Substance Abuse and Mental Health Services Administration (SAMHSA), children and youth affected by traumatic events improve their functioning in community-based "system of care" programs. Traumatic events can include witnessing or experiencing physical or sexual abuse; violence in families and communities; natural disasters; wartime events and terrorism; accidental or violent death of a loved one; and a life-threatening injury or illness. The report, *Helping Children and Youth Who Have Experienced Traumatic Events*, shows that after 12 months of accessing services within a community-based system of care, 44 percent of children and youth improved their school attendance, 41 percent improved their grades, and youth suicide attempts fell by 64 percent. In addition, the number of youth reporting arrests in the past six months fell by 36 percent.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1105035654.aspx>

Full report: http://www.samhsa.gov/children/SAMHSA_Short_Report_2011.pdf

JAMIE LEE CURTIS CELEBRATES YOUTH WHO HAVE DEMONSTRATED RESILIENCE AND OVERCOME TRAUMA AT ANNUAL NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY OBSERVANCE

Golden Globe award-winning actress and New York Times bestselling children's book author Jamie Lee Curtis joined SAMHSA and more than 100 public and private collaborating organizations in celebrating the sixth annual National Children's Mental Health Awareness Day. This year, the national event focused on building resilience in young children coping with traumatic events and featured stories of how youth from across the country overcame early childhood adversity.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1105032132.aspx>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ONLINE EDUCATIONAL RESOURCES FROM NIMH

ARCHIVED VIDEOCAST: UNDERSTANDING CHILDREN'S MENTAL HEALTH

NIMH presented this videocast in connection with National Children's Mental Health Awareness Day. It was an opportunity to learn the state of the science in children's mental health and hear from NIH scientists about topics ranging from normal brain development to anxiety, bipolar disorder, and ADHD.

<http://videocast.nih.gov/summary.asp?Live=10089>

BRAIN BASICS—ANIMATED VIDEO SHOWING HOW BRAIN WORKS

Brain Basics is an online animated video which shows how the brain works. It covers how mental illnesses are disorders of the brain and describes ongoing research that helps in the understanding and treatment of these disorders. <http://www.nimh.nih.gov/health/brain-basics/brain-basics.shtml>

NEUROSCIENCE AND PSYCHIATRY MODULE 1: TRANSLATING NEURAL CIRCUITS INTO NOVEL THERAPEUTICS

The *Neuroscience and Psychiatry* module is an online training tool designed to introduce neuroscience concepts to psychiatry residents. The purpose is to encourage residents to consider conducting neuroscience research, and to consider research findings when choosing treatment options for their patients. This module focuses on research in cognitive deficits, a core feature of schizophrenia.

<http://www.nimh.nih.gov/health/neuroscience-and-psychiatry/neuroscience-and-psychiatry-module-1-br-translating-neural-circuits-into-novel-therapeutics.shtml>

NEW NIMH VIDEO

DEVELOPMENT OF THE YOUNG BRAIN

For more than 20 years, NIMH neuroscientist Dr. Jay Giedd has studied the development of the adolescent brain. Decades of imaging work have led to remarkable insights and more than a few surprises.

<http://www.nimh.nih.gov/media/video/giedd.shtml>

AUTISM SPECTRUM DISORDER RESEARCH AND STEM CELL POSSIBILITIES

Dr. Ricardo Dolmetsch and his colleagues have generated stem cells from children with autism allowing them to study how the brain develops in children with ASD.

<http://www.nimh.nih.gov/media/video/dolmetsch.shtml>

NEW ON NIMH WEBSITE

DIRECTOR'S BLOG: SKIN CELLS TO NEURONS: DISEASE-IN-A-DISH PROMISES SHORTCUT TO DISCOVERY

NIMH Director, Thomas Insel, discusses recent papers which make use of induced pluripotent stem (iPS) cells, a new tool that may make it possible to study the molecular and cellular workings of neurodevelopment, even in an adult with a brain disorder. For neurodevelopmental disorders, iPS cells could be a transformative technology that allows researchers to study how and when brain development goes off track. <http://www.nimh.nih.gov/about/director/2011/skin-cells-to-neurons-disease-in-a-dish-promises-shortcut-to-discovery.shtml>

MEETING SUMMARY: BUILDING RESEARCH CAPACITY AND COLLABORATION IN GLOBAL MENTAL HEALTH

On March 24–25, 2011, NIMH's Office for Research on Disparities and Global Mental Health invited stakeholders from around the world to discuss strategies for developing and sustaining research capacity in global mental health. Sixty-two participants from East Asia, Europe, Latin America, North America, South Asia, and Sub-Saharan Africa attended. The objectives of the workshop were to: pinpoint barriers to and opportunities for innovative research capacity-building in three specific domains (genetics, child mental health, and implementation research) in low-and middle-income countries; examine existing models of North-South and South-South collaborations for research capacity building; and explore new models of training and partnership that may further the research capacity-building agenda.

<http://www.nimh.nih.gov/research-funding/scientific-meetings/2011/building-research-capacity-and-collaboration-in-global-mental-health.shtml>

NIH RESOURCES

RECOGNIZING SCHIZOPHRENIA: SEEKING CLUES TO A DIFFICULT DISORDER

This feature in the *NIH News in Health* provides a brief plain language overview of the signs and symptoms of schizophrenia. <http://newsinhealth.nih.gov/issue/May2011/Feature2>

NIH SCHIZOPHRENIA FACT SHEET

This fact sheet tells the story of research discovery, current treatment status, and future expectations for the prevention and treatment of schizophrenia.

<http://report.nih.gov/NIHfactsheets/ViewFactSheet.aspx?csid=67&key=S#S>

SIMPLE CHECKLIST CAN CATCH EARLY SIGNS OF AUTISM

A five-minute questionnaire completed by parents during well-baby checkups can spot subtle signs of autism and developmental delays in 1-year-olds, according to a new study. Early detection and treatment of these disorders may lead to better outcomes for children.

<http://www.nih.gov/researchmatters/may2011/05092011autism.htm>

SLEEP-DEPRIVED NEURONS CAUGHT NODDING OFF

A new study sheds light on how sleep deprivation might affect daily function. When researchers kept rats awake, they caught neurons in the thinking part of the animals' brains taking catnaps. The finding gives insight into the roots of sleepiness. <http://www.nih.gov/researchmatters/may2011/05022011sleep.htm>

NEW SAMHSA RESOURCES

PROMOTING EMOTIONAL HEALTH AND PREVENTING SUICIDE: A TOOLKIT FOR SENIOR LIVING COMMUNITIES

This toolkit equips senior living staff with resources to promote mental health and prevent suicide among residents. It includes guidelines for integrating suicide prevention into ongoing programs, hands-on tools, and training manuals.

http://store.samhsa.gov/product/SMA10-4515?WT.ac=EB_20110505_SMA10-4515

REPORT TO CONGRESS ON BORDERLINE PERSONALITY DISORDER

This report presents an overview of borderline personality disorder and outlines recommendations for expanding early detection, evidence-based treatment, and family education to promote resilience and recovery for individuals diagnosed with the condition. <http://store.samhsa.gov/product/SMA11-4644>

HELPING CHILDREN AND YOUTH WHO HAVE EXPERIENCED TRAUMATIC EVENTS

This report provides information on how systems of care and trauma-informed services can improve the lives of children and youth who have experienced traumatic events. It includes findings from a national evaluation of such programs and describes common treatment approaches.

<http://store.samhsa.gov/product/SMA11-4642>

INTRODUCTION TO CROSS-SYSTEM DATA SOURCES IN CHILD WELFARE, ALCOHOL AND OTHER DRUG SERVICES, AND COURTS

This report describes data reporting systems that collect information about child welfare services, substance abuse services, or court-related cases to monitor the agency's ability to ensure safety, permanency, and well-being for youth in the child welfare system. <http://store.samhsa.gov/product/SMA11-4630>

NEW FROM CDC

SURVEILLANCE FOR TRAUMATIC BRAIN INJURY—RELATED DEATHS

Traumatic brain injury (TBI) is a leading cause of death and disability in the United States. During 1997-2007, an annual average of 53,014 deaths among U.S. residents were associated with TBIs. During this period, overall TBI-related death rates decreased 8.2 percent. By age group, the rates decreased among persons aged less than 44 years, but increased among those aged 75 years and older. Firearm-, motor vehicle-, and fall-related TBIs were the leading causes of TBI-related death. Rates of TBI-related deaths were higher among young and older adults and certain minority populations.

http://www.cdc.gov/mmwr/preview/mmwrhtml/ss6005a1.htm?s_cid=ss6005a1_e

QUICKSTATS: PERCENTAGE OF CHILDREN WITH SERIOUS EMOTIONAL OR BEHAVIORAL DIFFICULTIES, BY AGE GROUP AND FAMILY INCOME GROUP

During 2004-2009, approximately 5.1 percent of all U.S. children aged 4 to 17 years were reported by parents as having serious emotional or behavioral difficulties. Across all age groups, poor children were more often reported to have serious emotional or behavioral difficulties compared with the most affluent children. For example, among children aged 11 to 14 years, approximately 9.3 percent of poor children were reported by parents to have serious difficulties, compared with 3.5 percent of the most affluent children.

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6017a10.htm>

SELF-DIRECTED VIOLENCE SURVEILLANCE: UNIFORM DEFINITIONS AND RECOMMENDED DATA ELEMENTS

Self-directed violence (SDV) is an important public health issue in the United States and worldwide. Though numerous organizations collect information on fatal and non-fatal SDV, there is considerable lack of consistency when it comes to defining the problem. To address the current lack of uniform definitions, the Centers for Disease Control and Prevention (CDC) has developed this tool to improve and standardize data collected on SDV. http://www.cdc.gov/violenceprevention/pub/selfdirected_violence.html

AHRQ RESOURCES

INNOVATIONS IN HEALTHCARE DELIVERY: SOCIAL MEDIA USE

The Agency for Healthcare Research and Quality's (AHRQ) *Health Care Innovations Exchange Web site* profiles innovations which are transforming how care is delivered, including use of social media. The site offers health professionals and researchers opportunities to share, learn about, and ultimately adopt evidence-based innovations and tools suitable for a range of health care settings and populations.

Individuals can report innovations and recount their successes and failures on the site.

<http://www.ahrq.gov/research/may11/0511RA1.htm>

EMERGENCY DEPARTMENT PATIENTS AND VISITORS ARE MOST INTERESTED IN EDUCATION ABOUT STRESS AND DEPRESSION

Researchers and policymakers have increasingly viewed emergency departments (EDs) as high-yield venues for providing preventive health education to a population at risk for unhealthy behaviors and unmet primary care needs. To determine the preferred health education topics and teaching modalities among ED patients and visitors, a team of researchers surveyed ED patients and visitors in four Boston EDs. They found that respondents were most interested (32 percent) in hearing about stress and depression among health conditions and about exercise and nutrition (42 percent) among health topics. ED patients and visitors had relatively little interest in injury prevention, sexual health, and substance abuse, which account for a high proportion of directly preventable ED visits. The preferred learning modalities were brochures/books (34 percent), video (25 percent), speaking with an expert (24 percent), and computer (14 percent).

<http://www.ahrq.gov/research/may11/0511RA4.htm>

NEW RESOURCES FROM REAL WARRIORS CAMPAIGN

PSYCHOLOGICAL FITNESS

This article describes psychological fitness and how developing a healthier mental state can improve readiness to confront the challenges of life – both in the military and in civilian life.

<http://www.realwarriors.net/active/treatment/psychologicalhealth.php>

NEW E-CARDS

The Real Warriors website has added eight new e-cards. Cards are available in two versions – with or without animation. Deployed service members can show appreciation for their family by sending one of the new “Family” e-cards to their spouse or “tween” back home. Or, family members and friends can send service members an e-card welcoming them home or encouraging them to reach out for help. These “Welcome Home” and “Reach Out” e-cards are available for Air Force, Army, Marine Corps, Coast Guard, and Navy. <http://www.realwarriors.net/ecard>

CALENDAR OF EVENTS

UPCOMING WEBINAR ADDRESSING BEHAVIORAL HEALTH SERVICES IN THE AFFORDABLE CARE ACT

MAY 18, 2011, 3:00 – 4:30PM ET

What does health reform mean for people in recovery from addiction, consumers of mental health services, and their families? The National Coalition for Mental Health Recovery, Faces & Voices of Recovery, and the National Alliance on Mental Illness jointly present a series of five webinars sponsored by SAMHSA to provide information on the Affordable Care Act (ACA) and its implementation in the states to state-based advocates from the mental health and addiction disorders consumer, recovery, and family communities.

Register now for the first webinar, an overview of ACA and how it helps people with mental health and addiction disorders and their families. The webinar will give advocates the tools they need to begin interacting effectively with state legislators, administrators, and others charged with development of mechanisms and regulations for implementation of ACA.

https://www.mymeetings.com/emeet/rsvp/index.jsp?customHeader=mymeetings&Conference_ID=7234472&passcode=5350462

PROMOTING WELLNESS: AN INTEGRATED APPROACH TO HOMELESS SERVICE DELIVERY

MAY 19-20, 2011, DENVER, COLORADO

The SAMHSA Homelessness Resource Center, Project for Assistance in Transition from Homelessness, SSI/SSDI Outreach Access and Recovery, and the Department of Labor's Homeless Veterans Reintegration Program are offering a free two-day regional training. The purpose of this training is to advance best practices and innovative strategies to resolve homelessness based on person-centered, trauma-informed, and recovery-oriented approaches to care. Sessions will include topics related to housing, employment, Critical Time Intervention, consumer integration, motivational interviewing, medical care for non-medical providers, population-focused approaches, communities of practice, self-care, and more.

<http://www.acteva.com/booking.cfm?bevaaid=218387>

STRENGTHENING MILITARY-CIVILIAN COMMUNITY PARTNERSHIPS TO RESPOND TO SEXUAL ASSAULT

MAY 19-20, 2011, CHARLOTTE, NORTH CAROLINA

This free training presented by the Office for Victims of Crime is for community-based victim service providers, health and medical personnel, law enforcement, and allied professionals. Video testimonials, discussions, and small group activities will help participants understand how to work within the military structure to better serve military victims of sexual assault.

<https://www.ovcttac.gov/views/TrainingMaterials/dspMilCivPartner.cfm>

WEBINAR: THE FUNDAMENTALS OF ACCOUNTABLE CARE ORGANIZATIONS AND HEALTH HOMES: HOW TO COMMENT ON REGULATIONS

MAY 26, 2011, 1:00 - 2:00PM ET

SAMHSA's Partners for Recovery Initiative is offering this webinar on the fundamentals of accountable care organizations and health homes. The webinar will provide guidance for consumers and members of the recovery community who would like to provide comments on proposed regulations governing the implementation of the Affordable Care Act. Proper procedure and best practices will be discussed.

<https://www3.gotomeeting.com/register/114555494>

SUPPORTING CHILDREN LIVING WITH GRIEF AND TRAUMA: A MULTIDISCIPLINARY APPROACH

JUNE 14-15, 2011, SALEM, MASSACHUSETTS

This two-day interactive training is designed for victim advocates who want to develop knowledge and skills to provide appropriate services for children experiencing trauma and grief as a result of **exposure to violence**. **Attendees will learn** how children perceive death, how they process grief and trauma, and how **they** can recognize the signs of grief and trauma in children and support their recovery. Using a multidisciplinary team approach, victim service providers, mental health professionals, and law enforcement can improve existing services and create new opportunities to support **children** living with grief.

<https://www.ovcttac.gov/views/TrainingMaterials/dspSupportingChildren.cfm>

CHILDREN'S JUSTICE AND SAFETY: UNITE, BUILD, LEAD CONFERENCE

OCTOBER 12–14, 2011, NATIONAL HARBOR, MARYLAND

The Office of Juvenile Justice and Delinquency Prevention will host its national conference, *Children's Justice and Safety: Unite, Build, Lead* at the Gaylord National Hotel and Convention Center in National Harbor, MD. Workshops, plenary sessions, and presentations by leading experts and researchers will promote evidence-based practices that address emerging concerns in delinquency prevention, juvenile justice, and victimization. Topics will include crimes against children, anti-gang strategies, children's exposure to violence, disproportionate minority contact, girls' delinquency, tribal youth programs, emergency planning for juvenile justice, faith-based and community involvement, mentoring, truancy and bullying, and substance abuse, among others. <http://www.ojjdp.gov/2011conference/>

CALLS FOR PUBLIC INPUT

SHARE STORIES WITH REAL WARRIORS CAMPAIGN

The Real Warriors Campaign is looking for new profilees for its video profiles, which spotlight stories of real service members who have reached out for support or sought treatment and are continuing to maintain successful military or civilian careers. Individuals with this type of experience may share their story with the Real Warriors Campaign. <http://www.realwarriors.net/multimedia/shareyourstory.php>

MEDICAID HOME AND COMMUNITY-BASED SERVICES WAIVERS

A new rule has been published to revise regulations on Medicaid home and community-based services waivers under section 1915(c). The proposed rule would provide States the option to combine existing three waiver targeting groups (aged or disabled or both; people with intellectual disabilities or developmentally disabled or both; and persons with mental illnesses) under §441.301 and also conveys expectations regarding person-centered plans of care. Public comment on the proposed rule is open until June 14, 2011. <http://www.gpo.gov/fdsys/pkg/FR-2011-04-15/pdf/2011-9116.pdf>

FUNDING INFORMATION

\$100 MILLION IN AFFORDABLE CARE ACT GRANTS TO HELP CREATE HEALTHIER U.S. COMMUNITIES: PREVENTION GRANTS TO FOCUS ON IMPROVING HEALTH, WHICH CAN LOWER COSTS

The U.S. Department of Health and Human Services announced the availability of over \$100 million in funding for up to 75 Community Transformation Grants. Created by the Affordable Care Act, these grants are aimed at helping communities implement projects proven to reduce chronic diseases – such as diabetes and heart disease. By promoting healthy lifestyles and communities, especially among population groups experiencing the greatest burden of chronic disease, these grants will help improve health, reduce health disparities, and lower health care costs. These grants will focus on five priority areas: 1) tobacco-free living; 2) active living and healthy eating; 3) evidence-based quality clinical and other preventive services, specifically prevention and control of high blood pressure and high cholesterol; 4) social and emotional wellness, such as facilitating early identification of mental health needs and access to quality services, especially for people with chronic conditions; and 5) healthy and safe physical environments.

<http://www.hhs.gov/news/press/2011pres/05/20110513b.html>

SAMHSA: 2011 CAMPAIGN FOR SOCIAL INCLUSION AWARDS FOR STATEWIDE PEER-OPERATED PROJECTS

<http://promoteacceptance.samhsa.gov/CSI/awards/2011awards.aspx>

SAMHSA: GRANTS TO DEVELOP AND EXPAND BEHAVIORAL HEALTH TREATMENT COURT COLLABORATIVES

http://www.samhsa.gov/grants/2011/ti_11_010.aspx

SAMHSA: SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT WITH A TRAUMA MODULE

http://www.samhsa.gov/grants/2011/ti_11_014.aspx

CDC: STRIVING TO REDUCE YOUTH VIOLENCE EVERYWHERE THROUGH LOCAL PUBLIC HEALTH LEADERSHIP

<http://www.grants.gov/search/search.do?mode=VIEW&oppld=91493>

OJJDP: BEST PRACTICES FOR JUVENILE DRUG COURTS TRAINING

<http://www.ojjdp.gov/funding/FundingDetail.asp?fi=233>



The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.