



UPDATE

May 1, 2011

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

5-MINUTE SCREEN IDENTIFIES SUBTLE SIGNS OF AUTISM IN 1-YEAR OLDS: NIH-FUNDED STUDY DEMONSTRATES FEASIBILITY AND EFFECTIVENESS OF CONDUCTING SYSTEMATIC SCREENING DURING WELL-BABY CHECK-UPS

A five-minute checklist that parents can fill out in pediatrician waiting rooms may someday help in the early diagnosis of autism spectrum disorder (ASD), according to a study funded by the National Institutes of Health (NIH). Published in the *Journal of Pediatrics*, the study's design also provides a model for developing a network of pediatricians to adopt such a change to their practice.

Press Release: <http://www.nimh.nih.gov/science-news/2011/5-minute-screen-identifies-subtle-signs-of-autism-in-1-year-olds.shtml>

TEEN BRAIN LESS DISCERNING OF THREAT VS. SAFETY, MORE VULNERABLE TO STRESS

Teen brains rely on early-maturing brain structures that process fear differently than adult brains, according to a study funded by the National Institute of Mental Health (NIMH). As a result, teens may have more difficulty than adults in differentiating between danger and safety, leading to more pervasive stress and anxiety. The study was published online ahead of print on February 23, 2011, in the *Proceedings of the National Academy of Sciences*.

Science News: <http://www.nimh.nih.gov/science-news/2011/teen-brain-less-discerning-of-threat-vs-safety-more-vulnerable-to-stress.shtml>

TIRED NEURONS CAUGHT NODDING OFF IN SLEEP-DEPRIVED RATS: PERFORMANCE DECLINE BELIES SEEMING WAKEFULNESS

A new study in rats is shedding light on how sleep-deprived lifestyles might impair functioning without people realizing it. The more rats are sleep-deprived, the more some of their neurons take catnaps — with consequent declines in task performance. Even though the animals are awake and active, brainwave measures reveal that scattered groups of neurons in the thinking part of their brain, or cortex, are briefly falling asleep, NIH-funded scientists have discovered.

Press Release: <http://www.nimh.nih.gov/science-news/2011/tired-neurons-caught-nodding-off-in-sleep-deprived-rats.shtml>

STUDY REVEALS NEW CLUES TO HOW DEPRESSION MAY DEVELOP

Activating neurons in a brain structure linked to disappointment increased depression-like behaviors in rats, while suppressing the neurons' activity reduced the behaviors, according to an NIMH-funded study. The findings help to explain previous research linking this brain structure to depression in humans and highlight a cellular process that hadn't been previously explored in mood disorders research. The study was published in the February 24, 2011 issue of *Nature*.

Science News: <http://www.nimh.nih.gov/science-news/2011/study-reveals-new-clues-to-how-depression-may-develop.shtml>

LIGHT SWITCHES BRAIN PATHWAY ON-AND-OFF TO DISSECT HOW ANXIETY WORKS: TURNS COWERING MICE INTO INSTANT ADVENTURERS

Scientists, for the first time, have switched anxiety on-and-off in active animals by shining light at a brain pathway. Instinctively reclusive mice suddenly began exploring normally forbidding open spaces when a blue laser activated the pathway – and retreated into a protected area when it dimmed. By contrast, anxiety-like behaviors increased when an amber laser inhibited the same pathway. Researchers, supported in part by NIMH, used a virus, genetic engineering, and fiber-optics to control the pathway in the brain's fear center with millisecond precision. NIMH grantees reported on their findings March 17, 2011 in the journal *Nature*.

Science News: <http://www.nimh.nih.gov/science-news/2011/light-switches-brain-pathway-on-and-off-to-dissect-how-anxiety-works.shtml>

FOCUSING ON SCHOOL ATTENDANCE REDUCES HIV RISK AMONG ORPHANED TEENS

A comprehensive school support program effectively reduced risk factors associated with infection with HIV among teens who had lost one or both parents, according to early results from a pilot study funded by NIMH. The paper was published online ahead of print on February 17, 2011 in the *Journal of Adolescent Health*.

Science News: <http://www.nimh.nih.gov/science-news/2011/focusing-on-school-attendance-reduces-hiv-risk-among-orphaned-teens.shtml>

MICE WITH AUTISM-RELATED MUTATIONS REPLICATE AUTISM-LIKE BEHAVIORS

Mice bred to harbor mutations similar to those discovered in people with autism show autism-like repetitive behaviors and social impairments. The behaviors, triggered by deletions in a gene called SHANK3, implicated in some cases of autism, were traced to weak neural connections for functions disturbed in autism. NIMH grantees reported on their findings March 20, 2011 online in the journal *Nature*.

Science News: <http://www.nimh.nih.gov/science-news/2011/mice-with-autism-related-mutations-replicate-autism-like-behaviors.shtml>

NEARLY TWO-THIRDS OF AMERICA'S 2 MILLION ADOLESCENTS SUFFERING FROM MAJOR DEPRESSIVE EPISODES IN THE PAST YEAR DID NOT RECEIVE TREATMENT

A new national report released in conjunction with Mental Health Month and National Children's Mental Health Awareness Day indicates that 8.1 percent of America's adolescents aged 12 to 17 experienced at least one major depressive episode in the past year. The report by the Substance Abuse and Mental Health Services Administration (SAMHSA) also shows that only 34.7 percent of these adolescents suffering from major depressive episodes received treatment during this period.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1104281931.aspx>

Full report: <http://oas.samhsa.gov/2k11/009/AdolescentDepression.cfm>

OFFICE OF NATIONAL DRUG CONTROL POLICY RELEASES ACTION PLAN TO ADDRESS NATIONAL PRESCRIPTION DRUG ABUSE EPIDEMIC

The Office of National Drug Control Policy (ONDCP) released its new Prescription Drug Abuse Prevention Plan titled, *Epidemic: Responding to America's Prescription Drug Abuse Crisis*. The plan is a national framework intended to reduce prescription drug abuse and has four pillars: education of prescribers, patients, and parents; prescription drug monitoring programs in every state; safe and environmentally responsible disposal of prescription drugs; and law enforcement.

Press Release: <http://www.ondcp.gov/prescriptiondrugs/index.html>

Full report: http://www.whitehousedrugpolicy.gov/publications/pdf/rx_abuse_plan.pdf

NIH LAUNCHES WEB RESOURCE ON COMPLEMENTARY AND ALTERNATIVE MEDICINE; EVIDENCE-BASED INFORMATION FOR HEALTH CARE PROVIDERS

A new online resource, designed to give health care providers easy access to evidence-based information on complementary and alternative medicine (CAM), was unveiled by the NIH's National Center for Complementary and Alternative Medicine (NCCAM). With this new resource, providers will have the tools necessary to learn about the various CAM practices and products and be better able to discuss the safety and effectiveness of CAM with their patients. The portal on the NCCAM website at nccam.nih.gov is tailored to fit the needs of all health care providers, including physicians, nurses and nurse practitioners, physician assistants, and CAM providers. It includes information on the safety and efficacy of a range of common health practices that lie outside of mainstream medicine — natural products, such as dietary supplements, herbs, and probiotics, as well as mind-body practices such as meditation, chiropractic, acupuncture, and massage.

Press Release: <http://www.nih.gov/news/health/apr2011/nccam-26.htm>

ALZHEIMER'S DIAGNOSTIC GUIDELINES UPDATED FOR FIRST TIME IN DECADES: NIH-SUPPORTED REVISION ALSO PROPOSES STAGING OF DISEASE, POTENTIAL USE OF BIOMARKERS

For the first time in 27 years, clinical diagnostic criteria for Alzheimer's disease have been revised, and research guidelines for earlier stages of the disease have been characterized to reflect a deeper understanding of the disorder. The *National Institute on Aging/Alzheimer's Association Diagnostic Guidelines for Alzheimer's Disease* outline some new approaches for clinicians and provide scientists with more advanced guidelines for moving forward with research on diagnosis and treatments.

Press Release: <http://www.nia.nih.gov/NewsAndEvents/PressReleases/PR20110419guidelines.htm>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW NIMH FACT SHEETS ABOUT CHILDREN AND ADOLESCENTS

ATTENTION DEFICIT HYPERACTIVITY DISORDER IN CHILDREN AND ADOLESCENTS

This fact sheet describes developments in the understanding of how ADHD affects children and adolescents and the direction of future research. <http://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder-in-children-and-adolescents/index.shtml>

ANXIETY DISORDERS IN CHILDREN AND ADOLESCENTS

This fact sheet describes developments in the understanding of how anxiety disorders affect children and adolescents and the direction of future research. <http://www.nimh.nih.gov/health/publications/anxiety-disorders-in-children-and-adolescents/index.shtml>

BIPOLAR DISORDER IN CHILDREN AND ADOLESCENTS

This fact sheet describes developments in the understanding of how bipolar disorder affects children and adolescents and the direction of future research. <http://www.nimh.nih.gov/health/publications/bipolar-disorder-in-children-and-adolescents/index.shtml>

Depression in Children and Adolescents

This fact sheet describes developments in the understanding of how depression affects children and adolescents and the direction of future research.

<http://www.nimh.nih.gov/health/publications/depression-in-children-and-adolescents/index.shtml>

BRAIN DEVELOPMENT DURING CHILDHOOD AND ADOLESCENCE

This fact sheet describes the past, present, and future of research on brain development.

<http://www.nimh.nih.gov/health/publications/brain-development-during-childhood-and-adolescence/index.shtml>

NEW ON NIMH WEBSITE

RECOMMENDATIONS FOR REPORTING SUICIDE (REVISED)

NIMH has updated its web page with recommendations for the media on the reporting of a suicide.

<http://www.nimh.nih.gov/health/topics/suicide-prevention/recommendations-for-reporting-on-suicide.shtml>

DIRECTOR'S BLOG: NIMH IMPACT ON PUBLIC HEALTH

NIMH Director Dr. Thomas Insel reviews NIMH activities and initiatives which support the Institute's efforts to strengthen the public health impact of NIMH-supported research," the fourth objective of the NIMH Strategic Plan. <http://www.nimh.nih.gov/about/director/2011/nimh-impact-on-public-health.shtml>

NEW SAMHSA RESOURCES ABOUT SUICIDE PREVENTION

LATEST SAMHSA NEWS: PREVENTING SUICIDE ON COLLEGE CAMPUSES

This issue of *SAMHSA News* explores suicide among college students and reports on suicide prevention programs targeted to college campuses. The issue highlights grants on campuses in Tennessee, Boston, and Guam. It also covers alcohol awareness, women and substance abuse, and an initiative that encourages the sharing of ideas between U.S. and Iraqi behavioral health providers.

<http://www.samhsa.gov/samhsaNewsletter/default.aspx>

NEW RESOURCE TO HELP SCHOOLS COPE AFTER A SUICIDE

After a Suicide: A Toolkit for Schools discusses warning signs and risk factors for suicide and emphasizes that schools should inform students about the connection between suicide and underlying disorders such as depression, anxiety, and substance abuse. The toolkit also recommends that administrators remind the community about available mental health resources, including hotline numbers and local counseling services as well as provide guidance on handling events such as memorial services and graduation without inadvertently romanticizing a suicide.

<http://www.sprc.org/library/AfteraSuicideToolkitforSchools.pdf>

SUICIDE AND BULLYING: ISSUE BRIEF

This issue brief examines the relationship between suicide and bullying among children and adolescents, with special attention to lesbian, gay, bisexual, and transgender (LGBT) youth. It also explores strategies for preventing these problems. <http://library.sprc.org/item.php?id=859>

SAMHSA REPORTS AND RESOURCES

TOBACCO USE CESSATION DURING SUBSTANCE ABUSE TREATMENT COUNSELING

This resource offers addiction counselors an introduction to tobacco use cessation during substance abuse treatment. It discusses screening and effective treatment approaches to quitting, including cessation medications, and practical and supportive counseling. <http://store.samhsa.gov/product/SMA11-4636CLIN>

REPORTS HIGHLIGHT DRUG-RELATED STATISTICS IN KEY METROPOLITAN AREAS

SAMHSA has developed a series of Metro Briefs providing detailed statistical snapshots of drug-related visits to hospital emergency departments occurring in 11 metropolitan areas across the Nation.

<http://www.samhsa.gov/statesinbrief/>

NEW SAMHSA MENTAL HEALTH PARITY AND ADDICTIONS EQUITY ACT WEB PAGE

This new web page provides a description of the Mental Health Parity and Addictions Equity Act, as well as a description of who the law applies to and how the law is enforced. The page also provides guidance on action consumers can take they feel the law is being violated. <http://samhsa.gov/healthreform/parity>

PRESENTATIONS FROM SAMHSA ADMINISTRATOR

IMPROVING LIVES AND CAPITALIZING ON EMERGING OPPORTUNITIES, NATIONAL LEADERSHIP FORUM, APRIL 1, 2011

This presentation examines the changes that are taking place in the behavioral health field and the emerging opportunities they bring. It discusses the impact of health reform and the role of SAMHSA as well as providers, advocates, and states in capitalizing on these changes.

<http://store.samhsa.gov/product/SMA11-PHYDE040111>

BEHAVIORAL HEALTH AND JUSTICE INVOLVED POPULATIONS, NATIONAL LEADERSHIP FORUM ON BEHAVIORAL HEALTH/CRIMINAL JUSTICE SERVICES, APRIL 5, 2011

This presentation discusses the impact of behavioral health on the American population as well as the criminal justice system. It examines the changes that are taking place in the field, the impact of health reform, and the challenges related to trauma and justice. <http://store.samhsa.gov/product/SMA11-PHYDE040511>

PHYDE040511

MEETING THE BEHAVIORAL HEALTH NEEDS OF MILITARY FAMILIES, BURRELL BEHAVIORAL HEALTH MILITARY FAMILIES ROUNDTABLE, MARCH 11, 2011

This presentation discusses the priorities for meeting the behavioral health needs of military families. It examines the needs of military families, the gaps in available care, and the Federal government's priorities and approaches to addressing the challenges. <http://store.samhsa.gov/product/SMA11-PHYDE031111>

DISASTER BEHAVIORAL HEALTH RESOURCES ONLINE

NEW DISASTER BEHAVIORAL HEALTH INFORMATION SERIES (DBHIS) INSTALLMENT ONLINE

SAMHSA has released a new installment of the DBHIS, *Immediate Disaster Response—Japan*. This installment includes information and resources geared to help survivors, families, and first responders cope with the disastrous events that occurred in Japan in March 2011.

http://www.samhsa.gov/dtac/dbhis/dbhis_idr_japan_intro.asp

NEW SAMHSA DISASTER TRAINING AND TECHNICAL ASSISTANCE BROCHURE

This new brochure provides an overview of free services that SAMHSA provides through its Disaster Technical Assistance Center to states, territories, tribes, and local-level providers regarding disaster behavioral health preparedness, response, and recovery. The range of services includes expert consultations, resource materials, and trainings. http://www.samhsa.gov/dtac/docs/DTA_Brochure.pdf

PSYCHOLOGICAL FIRST AID IN RADIATION DISASTERS

This web-based training developed by the Centers for Disease Control and Prevention (CDC) will help increase awareness of the unique psychological reactions that people have to radiation emergencies. This training will be helpful to clinical and public health professionals and volunteers when responding to survivors of such emergencies.

http://www2a.cdc.gov/TCEOnline/registration/detailpage.asp?res_id=2490

FREQUENTLY ASKED QUESTIONS ABOUT THE JAPAN NUCLEAR CRISIS

Developed by the United States Nuclear Regulatory Commission, this fact sheet answers the questions people might have as they monitor the nuclear crisis in Japan from the U.S.

<http://www.nrc.gov/japan/faq-need-to-know.pdf>

NEW FROM THE NATIONAL CENTER FOR PTSD

UNDERSTANDING MILITARY CULTURE WHEN TREATING PTSD

This presentation provides important information regarding military demographics, branches, rank, status, and stressors. The author provides useful terminology and visuals to help the viewer understand military culture. Two programs, *Army Battlemind* and *Marine Corps Combat Operational Stress Continuum*, created to help service members prevent and manage combat and operational stress are also described. Assessment and treatment implications for clinicians are also discussed.

http://www.ptsd.va.gov/professional/ptsd101/flash-files/Military_Culture/player.html

MOBILE APP FOR VETS WITH PTSD

The Veterans Administration and Department of Defense (DoD) have launched *PTSD Coach* — a mobile phone application (app) that offers tools for veterans experiencing post-traumatic stress. Key features of the app include: self-assessment of PTSD symptoms with individualized feedback; coping skills and assistance for common PTSD-related symptoms and problems, including instruction in muscular relaxation and relaxed breathing; assistance in finding immediate support; and education about key topics related to trauma, PTSD, and treatment. <http://www.dodlive.mil/index.php/2011/04/a-new-way-to-serve-our-veterans/>

PTSD RESEARCH QUARTERLY: PTSD AND THE LAW

Changes in cognition, heightened arousal, and a range of emotional issues may increase the likelihood that persons with PTSD will get in trouble with others or with the law. The new issue of *PTSD Research Quarterly: PTSD and the Law* provides more detail on this topic.

<http://www.ptsd.va.gov/professional/newsletters/ptsd-rq.asp>

DOD SAFE HELPLINE TO SUPPORT VICTIMS OF SEXUAL ASSAULT

DOD has launched its newest initiative to support victims of sexual assault. Using Safe Helpline, service members can "click, call, or text" for victim support services for themselves or others. Users can log on to receive live, one-on-one confidential help with a trained professional through a secure instant-messaging format. A second option is to call the telephone hotline at 877-995-5247 to speak with Safe Helpline staff for personalized advice and support. Safe Helpline staff also can transfer callers to installation-based sexual assault response coordinators (SARC), on-call victim advocates, civilian rape crisis centers, or to the Suicide Prevention Lifeline. The third option is for users to text their location to 55247 inside the United States or 202-470-5546 outside of the United States to receive automated contact information for the SARC at their installation or base. <https://safehelpline.org/>

NEW REAL WARRIORS ARTICLES

HELPING CHILDREN THROUGH THE GRIEVING PROCESS

When a tragedy occurs and a military parent does not return home, one might think consoling a grieving child would be impossible. Dealing with a child's emotions may seem like a daunting task. There are many things, however, that surviving parents and other caring adults can do to help children cope with a loss.

<http://www.realwarriors.net/family/children/grieving.php>

DEALING WITH DEPRESSION: SYMPTOMS AND TREATMENT

This article reviews signs and symptoms of depression, as well as where to get treatment.

<http://www.realwarriors.net/active/treatment/depression.php>

CHILDREN OF MILITARY SERVICE MEMBERS RESOURCE GUIDE

A new children's resource is available for parents, other family members, and health care providers. Developed by the Defense Centers of Excellence (DCoE), this guide is a quick-reference tool that addresses the mental and emotional well-being of military children. Whether concerns are associated with deployment, rehabilitation, or reintegration – aspects that are common with military service – they can be challenging for the entire family unit, especially children.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=236>

NEW FROM CDC

PREVENTING CHRONIC DISEASE ARTICLE: ASSOCIATIONS BETWEEN SEVERE OBESITY AND DEPRESSION

This article presents findings from an analysis to investigate the association between obesity and depression in a representative sample of American adults. The findings support an association between depression and obesity in women who are severely obese. Future studies should investigate poor physical health as a possible mediator of the association between obesity and depression in this population of women.

http://www.cdc.gov/pcd/issues/2011/may/10_0151.htm

BULLYING AMONG MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS — MASSACHUSETTS, 2009

To assess the association between family violence and other risk factors and being involved in or affected by bullying as a bully, victim, or bully-victim (those who reported being both bullies and victims of bullying), the Massachusetts Department of Public Health and CDC analyzed data from the 2009 Massachusetts Youth Health Survey. This report summarizes the results of that analysis.

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6015a1.htm?s_cid=mm6015a1_w

NEW ADOLESCENT AND SCHOOL HEALTH WEB SITE

CDC has launched a new adolescent and school health website, with updated information on adolescent health, including a new section on protective factors. <http://www.cdc.gov/HealthyYouth>

DEPARTMENT OF EDUCATION RESOURCES

NEW SAFE AND SUPPORTIVE SCHOOLS WEBSITE

The U.S. Department of Education's Office of Safe and Drug-Free Schools announced the launch of the Safe and Supportive Schools website. From this website, state, district, and school administrators, teachers, school support staff, and communities and families can find resources and support to develop rigorous measurement systems that assess school climate, and implement and evaluate programmatic interventions. <http://safesupportiveschools.ed.gov>

REALIZING THE PROMISE OF THE WHOLE-SCHOOL APPROACH TO CHILDREN'S MENTAL HEALTH: A PRACTICAL GUIDE FOR SCHOOLS

This is a new Safe Schools/Healthy Students (SS/HS) guide to implementing mental health promotion and prevention programs in elementary and middle schools. This guide enables school and community practitioners to join together for children's mental health in schools; provides a practical, hands-on approach with examples from SS/HS sites; describes the phases and steps for effective implementation; offers strategies for addressing predictable barriers; and provides tools and links to existing tools. This publication is a joint effort of the U.S. Departments of Education, Justice, and Health and Human Services (HHS). http://www.promoteprevent.org/webfm_send/2102

STAKEHOLDER DIALOGUES SUMMARY REPORT ON IMPLEMENTATION OF COMMUNITY LIVING INITIATIVE

This is a summary of the issues identified and discussed during four HHS Stakeholder Dialogues and Listening Sessions on the implementation of the Community Living Initiative. The Community Living Initiative is an effort to give people with disabilities and older adults greater opportunities to live in their communities and achieve their goals. http://www.hhs.gov/od/community/stakeholders_summary_report.html

AHRQ: TRAUMATIC BRAIN INJURY AND DEPRESSION: RESEARCH REVIEW

The Agency for Healthcare Research and Quality Effective Health Care Program announced the availability of a new research review, consumer guide, and clinician guide on traumatic brain injury and depression.

TRAUMATIC BRAIN INJURY AND DEPRESSION: RESEARCH REVIEW

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=658>

DEPRESSION AFTER BRAIN INJURY: A GUIDE FOR PATIENTS AND THEIR CAREGIVERS

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=647>

CLINICIAN GUIDE: DEPRESSION AFTER TRAUMATIC BRAIN INJURY

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=646>

CALENDAR OF EVENTS

NIMH RESEARCH VIDEOCAST-- CONNECT THE DOTS: UNDERSTANDING CHILDREN'S MENTAL HEALTH

MAY 3, 2011, 2:00PM - 3:00PM ET

In celebration of National Children's Mental Health Awareness Day, NIMH is presenting an expert panel on the latest research related to children's mental health. Learn the state of the science in children's mental health and ask top NIMH scientists about topics ranging from normal brain development to anxiety, bipolar disorder, and ADHD. Register to watch the videocast or attend in person. <http://guest.cvent.com/d/6dqb5l>

SAMHSA'S NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

MAY 3, 2011

Join communities, organizations, and individuals nationwide in raising awareness that positive mental health is essential to a child's healthy development. This year's national event in Washington, DC, on the evening of May 3, will focus on building resilience in young children affected by trauma.

<http://www.samhsa.gov/children/national.asp>

MILITARY FAMILIES: ACCESS TO CARE FOR ACTIVE DUTY, NATIONAL GUARD, RESERVE, VETERANS, THEIR FAMILIES, AND THOSE CLOSE TO THEM

MAY 4, 2011

This SAMHSA webcast will examine the serious issue of behavioral health care needs by exploring the nature and scope of substance use and mental disorders, the strengths and weaknesses of the system to address these disorders, and the efforts under way to improve our Nation's ability to meet its obligations to service members and their families. Specific improvement strategies are highlighted, including collaboration and coordination that increase access to care; community-based solutions that foster access to evidence-based prevention, treatment, and recovery support services; and development of the behavioral health workforce to better serve military service members and their families.

<http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx>

TRAINING TELECONFERENCE: SOCIAL INCLUSION IN ACTION: INNOVATIVE COMMUNITY PROGRAMS

MAY 9, 2011, 3:00 - 4:30 PM ET

This SAMHSA ADS Center teleconference training is an opportunity to learn about three innovative community programs that are improving lives, changing communities, and transforming systems through social inclusion practices. The training will highlight the promising practices of the 2010 Campaign for Social Inclusion Award recipients. Note: Registration will close at 5:00 p.m., ET, on May 8, 2011.

<http://promoteacceptance.samhsa.gov/teleconferences/default.aspx>

PROMOTING WELLNESS: AN INTEGRATED APPROACH TO HOMELESS SERVICE DELIVERY

MAY 19-20, 2011, DENVER COLORADO

The SAMHSA Homelessness Resource Center, Project for Assistance in Transition from Homelessness, SSI/SSDI Outreach Access and Recovery, and the Department of Labor's Homeless Veterans Reintegration Program are offering a free two-day regional training. The purpose of this training is to advance best practices and innovative strategies to resolve homelessness based on person-centered, trauma-informed, and recovery-oriented approaches to care. Sessions will include topics related to housing, employment, Critical Time Intervention, consumer integration, motivational interviewing, medical care for non-medical providers, population-focused approaches, communities of practice, self-care, and more.

<http://www.acteva.com/booking.cfm?bevaid=218387>

WEBINAR: THE FUNDAMENTALS OF ACCOUNTABLE CARE ORGANIZATIONS AND HEALTH HOMES: HOW TO COMMENT ON REGULATIONS

MAY 26, 2011, 1:00 - 2:00PM ET

SAMHSA's Partners for Recovery Initiative is offering this webinar on the fundamentals of accountable care organizations and health homes. The webinar will provide guidance for consumers and members of the recovery community who would like to provide comments on proposed regulations governing the implementation of the Affordable Care Act. Proper procedure and best practices will be discussed.

<https://www3.gotomeeting.com/register/114555494>

CHILDREN'S JUSTICE AND SAFETY: UNITE, BUILD, LEAD CONFERENCE

OCTOBER 12–14, 2011, NATIONAL HARBOR, MARYLAND

The Office of Juvenile Justice and Delinquency Prevention will host its national conference, *Children's Justice and Safety: Unite, Build, Lead* at the Gaylord National Hotel and Convention Center in National Harbor, MD. Workshops, plenary sessions, and presentations by leading experts and researchers will promote evidence-based practices that address emerging concerns in delinquency prevention, juvenile justice, and victimization. Topics will include crimes against children, anti-gang strategies, children's exposure to violence, disproportionate minority contact, girls' delinquency, tribal youth programs, emergency planning for juvenile justice, faith-based and community involvement, mentoring, truancy and bullying, and substance abuse, among others. <http://www.ojjdp.gov/2011conference/>

CALLS FOR PUBLIC INPUT

2011 SCIENCE AND SERVICE AWARDS WILL HONOR IMPLEMENTATION OF EVIDENCE-BASED MENTAL HEALTH AND SUBSTANCE ABUSE INTERVENTIONS

SAMHSA has issued a call for applications for its 2011 Science and Service Awards, a national program that recognizes community-based organizations and coalitions that have shown exemplary implementation of evidence-based mental health and substance abuse interventions.

Awards will be made in the following five categories: substance abuse prevention; treatment of substance abuse and recovery support services; mental health promotion; treatment of mental illness and recovery support services; and co-occurring disorders. To be eligible for an award, an organization must have successfully implemented a recognized evidence-based intervention. Examples include those that are published in the scientific literature and/or appear on a federal and/or state registry of evidence-based interventions. Applications must be emailed by May 13, 2011.

<http://www.samhsa.gov/newsroom/advisories/1104010852.aspx>

CLINICAL TRIAL PARTICIPATION

NATIONWIDE RECRUITMENT: ANXIETY DISORDERS (ADULT) RESEARCH STUDY

ANXIOUS DEPRESSION & AZD2327

Individuals diagnosed with major depression who have anxiety symptoms may be able to participate in an NIMH research study that seeks to decrease symptoms of depression and understand the causes of anxious depression. Anxiety symptoms may include tension, worry, apprehension, restlessness, or loss of appetite. This study evaluates the effectiveness and safety of the study drug AZD2327 in the treatment of major depression and anxiety symptoms. This drug has a different mechanism of action from commonly used selective serotonin reuptake inhibitors for anxiety and depression. This is a 12-week outpatient study, including an inpatient stay of four days in Bethesda, MD. Individuals 18-65 years of age who have been diagnosed with major depression and have anxiety symptoms may be eligible for this clinical trial. There is the chance of receiving placebo in this study. After completion of the study, NIMH will provide short-term follow-up care, and then the individual will return to the care of their own provider. In addition, all research participation is without cost and NIMH will cover all transportation costs from anywhere in the United States. To find out more information, please call 1-877-MIND-NIH (1-877-646-3644), or email moodresearch@mail.nih.gov. (TTY: 1-866-411-1010) Atendemos pacientes de habla hispana.

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD: <http://patientinfo.nimh.nih.gov>

FUNDING INFORMATION

GRANTS TO ENHANCE OLDER ADULT BEHAVIORAL HEALTH SERVICES

http://www.samhsa.gov/grants/2011/sm_11_009.aspx

SERVICES GRANT PROGRAM FOR RESIDENTIAL TREATMENT FOR PREGNANT AND POSTPARTUM WOMEN

http://www.samhsa.gov/grants/2011/ti_11_009.aspx

COOPERATIVE AGREEMENTS FOR SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT

http://www.samhsa.gov/grants/2011/ti_11_005.aspx

PLANNING GRANTS FOR EXPANSION OF THE COMPREHENSIVE COMMUNITY MENTAL HEALTH SERVICES FOR CHILDREN AND THEIR FAMILIES

http://www.samhsa.gov/grants/2011/sm_11_008.aspx



The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.